



birthlight

for the greater enjoyment
of pregnancy, birth and babies

BIRTHLIGHT PRODUCTS ORDER FORM

ITEM	SPECIFICS please indicate size/type choice	QTY	ITEM PRICE	TOTAL
Aquanatal Yoga vCD (video CD)			£6.99	
Baby Yoga DVD			£14.00	
Baby Yoga for Toddlers DVD			£14.00	
Singing babies DVD			£14.00	
Water Babies DVD			£14.00	
SMART Toddler Yoga DVD			£14.00	
Simple Postnatal Yoga DVD			£14.00	
Simple Yoga for Pregnancy DVD			£14.00	
Simple Yoga for Labour & Birth DVD			£14.00	
Simple Yoga 3-in-1 Special (3 DVD set)			£24.99	
Sitaram Mother Nurture Yoga (3 DVD set)			£26.99	
Mother's Breath (3 Audio CD set)			£19.99	
Simply Calm (Audio CD)			£11.99	
Yoga Birth 1 (Audio CD)			£11.99	
Songs for Yoga Babies & Relaxations for Mums (Audio CD)			£9.99	
The Journey of Birth (Audio CD)			£15.00	
Yoga for Pregnancy & Mother's First Year			£17.00	
Yoga for Pregnancy, Birth & Beyond			£9.99	
Yoga for Pregnancy (white cover)			£8.99	
Yoga For New Mothers (Special Offer Book)			£6.00	
Yoga For Pregnancy (Special Offer Book)			£6.00	
Prenatal Yoga (hardback)			£12.99	
How to teach your baby to swim (soft back)			£9.99	
Baby Yoga (soft back reduced price)			£4.99	
Aqualight – A Handbook for Waterbirth (booklet)	P&P FOR THIS IS £1.50		£4.95	
The Female Pelvis (Book)			£24.00	
Mother's Breath (Book)			£12.99	
Baby Yoga Interactive CD Rom			£5.00	
Adult T-shirt (Medium, Large, XLarge) (reduced price)			£6.00	
Baby's Organic T-shirt 0 – 6 months, 6 – 12 months			£ 5.50	
Child's T-shirt 3- 4 years (104 cm), 5- 6 years (116 cm), 7 -8 years (128 cm)			£ 5.00	
Weighted Demonstration Doll Weighted Demonstration Doll for water White with blue eyes White with brown eyes Afro-Caribbean Indian, Chinese	NO DISCOUNT APPLICABLE		£55.00 £61.50	

Sub total

(Excluding Demonstration Doll)

Members discount (10%)

Standard delivery mainland UK

Add £2.00 per item (excluding special offer books where p&p is inclusive, Aqualight booklet p&p is £1.50, demonstration doll where add £8.00 per doll*)

* International delivery (mainland Europe) is £10.00 per demonstration doll. All other countries to be quoted separately.

TOTAL

YOUR DETAILS:

Title: _____ First name: _____ Last name: _____

Company / Organisation Name: _____

Address: _____

Postcode: _____

Email: _____ Daytime tel no: _____

Please enter delivery address if different from above:

Title: _____ Daytime tel no: _____

Delivery Address: _____

Postcode: _____

You can pay via Cheque or Paypal.

Paypal Payment

If sending a Paypal payment, please log-on to Paypal and use the 'Send Money' option on the main menu. The payment email address is enquiries@birthlight.com. Please include your name and address in the Message section so that we can link the payment to your product order form.

You can then either email the order form to: enquiries@birthlight.com, fax to: (+44) 01223 362501, or send to Birthlight, PO Box 148, Cambridge CB4 2GB.

You can find out more about sending payment via Paypal on their website.

Cheques should be made payable to 'Birthlight Teaching Ltd'.

Please send form and payment to: Birthlight, PO Box 148, Cambridge CB4 2GB.

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